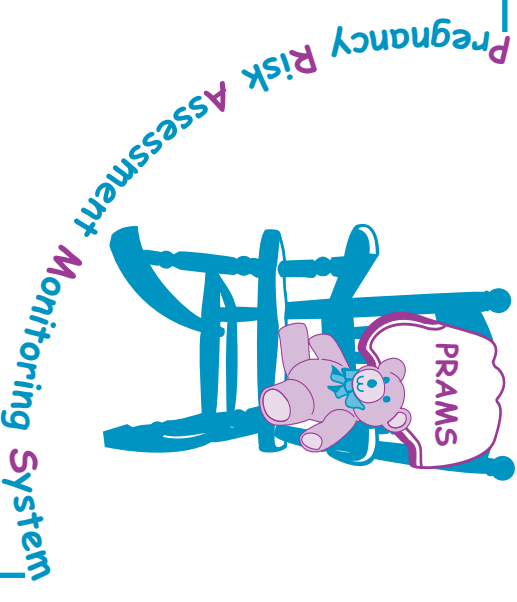


NAME	PHONE NUMBER
NEBRASKA NUMBERS	
Healthy Mothers, Healthy Babies Helpline Trained nurses answer questions, provide referrals for medical, financial, emotional and other health related assistance.	1-800-862-1889 1-866-692-2229
Breastfeeding Assistance Line	
Women, Infants and Children Program (WIC) Provides free food and nutrition information to help keep pregnant women, infants and children under five healthy and strong.	1-800-942-1171
Commodity Supplemental Food Program (CSFP) Provides free food and nutrition information to help keep pregnant women, infants and children up to 6 years of age and seniors healthy and strong.	1-800-942-1171
Kids Connection A children's health insurance program that provides health coverage to uninsured children and children with minimal insurance across the state.	1-877-632-5437
Childcare Toll Free Number Lists of childcare providers across the state; compliance reviews; information on subsidies for low-income families.	1-800-600-1289
Child Support Hotline	1-800-831-4573
Suicide/Lancaster County Mental Health Center	402-441-7940
Cedars Youth/Family Crisis	402-437-8888
Catholic Social Services Emergency & referral services & refugee assistance.	402-474-1600
Girls and Boys Town National Hotline For boys or girls feeling abused, confused, thinking about running away; or for parents seeking help.	1-800-448-3000
Childhood Lead Poisoning Prevention Program	1-888-242-1100
Every Woman Matters A breast and cervical cancer screening program for women 40 and older.	1-800-532-2227
Nebraska's Statewide Domestic Violence/Sexual Assault Crisis Line	1-800-876-6238
Abuse/Neglect Hotline for Adults & Children	1-800-652-1999
Nebraska S.I.D.S. Foundation	402-935-1911

NAME	PHONE NUMBER
Planned Parenthood of Omaha-Council Bluffs Family planning services and limited family practice services on a sliding fee scale.	402-554-1045
Drug/Alcohol Crisis Center	402-474-5683
Nebraska AIDS Hotline	1-800-782-AIDS
Parent Training and Information for Families of Children with Disabilities (PTI Nebraska)	1-800-284-8520 V/TTY
Hotline for Disability Services	1-800-742-7594
Nebraska Family Support Network Helps families with children with behavioral, mental or emotional disabilities, gives support & referral assistance.	1-800-245-6081
Childfind of Nebraska Hotline for Children with Special Health Care Needs.	1-888-806-6287 V/TTDD
Respite Care Subsidy for Children with Disabilities or Chronic Health Care Needs	1-800-358-8802
Medically Handicapped Children's Program (MHCP)	1-800-358-8802
Disabled Persons & Family Support (DPFS) Program	1-800-358-8802
NE Commission for the Deaf and Hard of Hearing	1-800-545-6244
American Diabetes Association-Nebraska Chapter	1-800-342-2383
Juvenile Diabetes Foundation-Nebraska Chapter	402-464-8300
Epilepsy Association of Nebraska, Inc.	402-558-7383
Leukemia and Lymphoma Society	1-888-847-4974
Cystic Fibrosis Foundation-Nebraska Chapter	1-800-344-4823
Kidney Foundation of Nebraska, INC.	1-800-642-1255
Arthritis Foundation-Nebraska Chapter	1-800-642-5292
United Cerebral Palsy of Nebraska	1-800-729-2556
Muscular Dystrophy Association (MDA)	402-572-3160
March of Dimes Pregnancy and Newborn Health Education Center e-mail: askus@marchofdimes.com	402-496-7111
Cancer HelpLink	1-800-999-LINK
Shaken Baby Syndrome Prevention Program Education and prevention materials available for Nebraska.	402-955-6050
Tobacco Free Nebraska General information, health promotion, intervention and statistics	402-471-2101



Resource Directory For Your Family's Health

NAME	PHONE NUMBER
Spina Bifida Association	Nebraska 402-572-3570 National 1-800-621-3141
The Poison Center: Children's Memorial Hospital	Nebraska 1-800-955-9119 National 1-800-222-1222
Multiple Sclerosis Society	Nebraska 402-345-9026 National 1-800-621-3141
Medicaid Central Office A general number that directs you to a specific contact person. Call your local office for eligibility questions.	Nebraska 402-471-3121 1-800-430-3244
NATIONAL NUMBERS	
National Mental Health Association	1-800-969-6642
National Eating Disorders Association Information and Referral	1-800-931-2237
Runaway Hotline	1-800-231-6946
Runaway Switchboard and Adolescent Suicide Hotline	1-800-621-4000
Easter Seal Society Helps the mentally and physically disabled. Offers information and financial resources.	1-800-221-6827
Grief Recovery Institute-National	1-818-907-9600
Office of Minority Health Resource Center	1-800-444-6472
Alcohol and Drug Abuse Helpline 24-hour information and treatment referrals to local area.	1-800-252-6465
Downs Syndrome Congress Answers questions from parents for assistance with health concerns. Refers to local area. 24 hours/day, 7 days/week.	1-800-232-6372
Asthma & Allergy Foundation of America	1-800-727-8462
Depression After Delivery	1-800-944-4773
American SIDS Institute	1-800-232-7437
Children and Adults with Attention Deficit/ Hyperactivity Disorder (CH.A.D.D.) Will help you find local information.	1-800-233-4050

If you find an of these numbers to be incorrect, please call 471-8370 in the Lincoln area, or toll free at 1-877-873-1876 so we can find the current number for you. Thank You!



The Nebraska Health and Human Services System is committed to Affirmative Action/Equal Employment Opportunities and does not discriminate in deleging benefits or services.